

Energy by Gary Bate

E is for Energy.

Is there anything that is not energy?

What happens to the most pure and most beautiful thought as it passes through the spital of time?

We and our bodies are manifested forms of energy. If we separate ourselves out from out bodies (like at death) then we simply lose the form of energy that we used to express here. We are still we.

The Law of Attraction always applies. So please be logical. You go out today, you get run over by a bus and you pop out of your body – where to/what next? You're still emotional, you're still estranged from God, you're still vulnerable, you're still needy – so what are you going to do and where are you going to go, now that you don't have a physical body? Haunt where you now live?

How can you go to God, when you have spent your life being estranged from God? You, as always, can only go to where you know and be amongst those who you are equal to. Like attracts like..

We have already existed without a body because we existed *before* we came into this one. What did we exist as? A form of conscious polarised energy that was suitable to descend into a polarised body (male or female body). So a female Spirit usually takes a female body and a male Spirit usually takes a male body. Are there crossovers here? Yes. Why?

Let's take a crude example – in this life you're male and you're a woman-beater. In your next life, you return as a woman to experience what you previously dished out. Your Soul is always looking for balance (wisdom), so that you can move beyond your energetic polarity.

Many youngsters are in strife because they feel like they are in the wrong body and they are, but there's good reason for that: it's to do with what their Soul needs them to learn for their evolution.

We fell from grace when we originally descended here and we are to return to grace (return to wholeness) in order to release ourselves from this incessant reincarnation wheel. We don't go to God because that's our fantasy; we go to God when we equal God – by becoming non-polarised.

Here there are male Spirits in male bodies and male Spirits in female bodies and female Spirits in female bodies and female Spirits in male bodies. Before you transition, get your head around this.

You cannot spend your life partying with the lower gods and then expect to find solace and nestle in the bosom of a loving God when you fall off your perch. It is you who has to go to God; not the other way around! The route there is in the understanding that your polarity is illusionary. So are you really just a man or just a woman? Or are you really both and neither?

I always write to make you sit and contemplate, because 'deeper' is where your answers are ~ Gary.

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